Bethesda Health named among America’s 100 Best Hospitals in Orthopedic Surgery™ and Cardiac Care™ by Healthgrades®
HEART HOPE

A new clinical trial for patients with diabetes who have had a heart attack is now underway at the Bethesda Research Center. The TACT2 study uses chelation therapy in combination with vitamins and minerals. Chelation, which is used to treat heavy metal toxicity, is an IV medication that can “grab” and remove toxic metal pollutants. In the first trial, people with diabetes undergoing chelation had a 41 percent reduction in recurrent heart events and a 43 percent reduction in death. Under the direction of principal investigator Rachel S. Eidelman, M.D., FACC, the study is open to men and women, age 50 and older, with a history of heart attack and diabetes. This study follows the established protocols of the Food and Drug Administration (FDA) to find new and better ways to care for patients.

TO LEARN MORE
For more information about this and other current and upcoming clinical trials, visit MyBethesdaHealth.com/research-center or call 561-374-5020.

FROM THE PRESIDENT

Let me take this opportunity to thank you, our readers, for your support and for making Bethesda YOUR community hospital. Among the highlights of the past year, we cared for nearly 90,000 patients in our Emergency Departments, and we opened the Bethesda Health Urgent Care, Women’s Health and Imaging Center in Wellington, giving our western communities greater access to outpatient services.

So far, 2017 is just as exciting! First, Bethesda Hospital is Palm Beach County’s only hospital to be named among America’s 100 Best Hospitals for Orthopedic Surgery™ by Healthgrades®. We also received this prestigious recognition for Cardiac Care, along with 17 other Five-star ratings reflecting on Bethesda’s commitment to provide the highest levels of patient safety and quality in patient care.

In addition, we will see our first class of physicians from the Florida Atlantic University’s Charles E. Schmidt College of Medicine complete their Internal Medicine Residency at the Bethesda Center for Medical Education—with some of them starting their practices right here in Palm Beach County. In July, we will proudly welcome new emergency medicine residents who will gain valuable experience caring for a broad array of medical conditions in...
RESIDENT SUCCESS

Bethesda Health proudly congratulates the inaugural class of internal medicine physicians completing their residency training with Florida Atlantic University’s Charles E. Schmidt College of Medicine Graduate Medical Education (GME) Consortium. Over the past three years, Bethesda Health, as a consortium partner, has been a host to this class of 36 physicians as they have gained valuable training and experience.

Growing steadily since it launched in July 2014, the residency program provides physicians local opportunities to complete their medical training. Each year, 36 new internal medicine residents begin the three-year program, for a total of 108 in the program at any given time. The General Surgery Residency Program was introduced in 2016 with 15 aspiring surgeons, and 15 more will start this summer. Now, in 2017, emergency medicine resident physicians will be welcomed to the program as well.

With nearly 1 in 4 Palm Beach County residents being over the age of 65, the need for more physicians in our area is growing. Bethesda Health, together with the FAU GME Consortium, is proactively working to attract young, talented physicians to our community through the residency program, and to encourage them to establish their medical practices here. Other specialties, such as obstetrics and gynecology and pediatrics, will have established residencies in the future.

summer days are here again

With summer just around the corner, parents and kids are getting ready for summer camp! Bethesda Health Urgent Care can help you prepare for all the fun with sports and camp physicals. Open seven days a week, 10 a.m. to 10 p.m., our healthcare professionals are here at your convenience, no appointment necessary. Plus, remember when injuries or illnesses arise, Bethesda Health Urgent Care is here for your whole family, 365 days a year.

well said

The Bethesda Center for Pediatric Development is now offering Pediatric Speech-Language Services in Wellington. Services include speech, articulation, phonology, oral-motor, voice, fluency/stuttering, and pediatric feeding and swallowing. Conveniently located near The Mall at Wellington Green, children of all ages are seen at the office of Bethesda Health Physician Group, 2465 State Rd. 7, Suite 800. Call to schedule an evaluation today: 561-374-5700.

The Center also offers comprehensive pediatric rehabilitation services at Bethesda Hospital East and Bethesda Health City in Boynton Beach. Call 561-374-5712 for more information, or visit www.BethesdaWeb.com.
This year, Bethesda Hospital has been named one of America’s 100 Best Hospitals for Cardiac Care™ by Healthgrades. Even more exciting is that Bethesda has been recognized as Palm Beach County’s only hospital to be named one of America’s 100 Best Hospitals for Orthopedic Surgery™ by Healthgrades for 2017.

These tremendous honors are the results of achieving excellence in quality and outstanding outcomes in patient care. Healthgrades reports that patients who are treated at Bethesda Hospital experience a significantly lower risk of mortality and a lower risk of complications, so patients can get back to living and doing what they enjoy most.

Healthgrades is the leading online resource for comprehensive information about physicians and hospitals, which helps consumers make informed decisions to find the right doctor and the right hospital for the right care. To learn more about Bethesda Hospital’s outstanding performance in orthopedic surgery, please visit healthgrades.com.

To learn more about the care and services available at Bethesda, visit MyBethesdaHealth.com.
EXCELLENCE IN CARE

Bethesda Health receives many awards from Healthgrades in recognition of the high level of care it provides. Healthgrades uses Medicare inpatient data to measure performance and to help consumers evaluate and compare hospital performance for specialty areas. Healthgrades communicates performance in two ways—through ratings and awards. Star ratings are an evaluation of the hospital’s actual performance compared to its predicted performance. Awards communicate a hospital’s superior performance compared to other eligible hospitals.

- Five-Star Recipient for Treatment of Heart Attack 2017
- Five-Star Recipient for Treatment of Heart Failure 2017
- Five-Star Recipient for Total Knee Replacement 2017
- Five-Star Recipient for Total Hip Replacement 2017
- Five-Star Recipient for Hip Fracture Treatment 2017
- Five-Star Recipient for Back Surgery 2017
- Five-Star Recipient for Treatment of Pancreatitis 2017
- Five-Star Recipient for Gallbladder Surgery 2017
- Five-Star Recipient for Treatment of Pneumonia 2017
- Five-Star Recipient for Treatment of Respiratory Failure 2017
- Five-Star Recipient for Peripheral Vascular Bypass 2017
- Five-Star Recipient for C-Section Delivery 2016
- Five-Star Recipient for Vaginal Delivery 2016
A leading-edge cardiac procedure with a long name will ultimately mean a shorter recovery for Bethesda Health patients whose faulty aortic valves leave them breathless, weak and fatigued.

Known as transcatheter aortic valve replacement, or TAVR, the minimally invasive surgery will be performed at Bethesda Heart Hospital. It will benefit patients with aortic stenosis, a dangerous narrowing of the aortic valve affecting as many as 1.5 million Americans. Patients who are deemed at high or intermediate risk for complications during traditional open-heart surgery will be offered the option of having their diseased valve replaced in a brief procedure that also leads to less pain and blood loss.

TAVR is particularly well-suited for Bethesda Health’s patient...
population because of the large number of older residents in the Boynton Beach area, explains interventional cardiologist George Daniel, M.D., medical director of Bethesda Heart Hospital’s cardiac catheterization laboratory. Most cardiac patients are over age 65, with a large proportion over 80, he says.

“We evaluate each patient to determine how well they may do in surgery and decide as a team what would be the best option for the patient,” Dr. Daniel says. “Having TAVR as an option—where we can return a patient home very quickly—is a great development.”

Commonly associated with aging, aortic stenosis typically develops from a buildup of calcium deposits on the aortic valve, impeding normal blood flow to the rest of the body. The symptoms can often include fatigue, shortness of breath, chest pain, fainting and dizziness, but by the time symptoms emerge, the condition will be fatal to more than 50 percent of patients within two years.

Medications can’t alleviate symptoms since aortic stenosis is a “mechanical problem necessitating a mechanical solution,” Dr. Daniel says. “Patients can often barely walk the distances they used to and their world becomes a lot smaller.”

The TAVR procedure, performed increasingly over the past decade throughout the United States, threads an artificial aortic valve through a catheter to the patient’s heart from an artery near the groin or other distant region, requiring only a tiny incision. After the valve is correctly positioned, it springs into immediate action, pushing the natural valve aside and allowing blood to properly exit the heart into the rest of the body.

Patients typically remain hospitalized for only a couple of days afterward—far shorter than with open-heart surgery. And since Bethesda’s team of interventional cardiologists and cardiac surgeons carries wide-ranging experience, Dr. Daniel says their expertise also lends itself to optimal outcomes.

“Since we have a high percentage of older patients in the area, we need this procedure more than ever,” he says. “Bethesda wants to be able to provide such an important and vital service to our patients.”

Call it excellent timing: The introduction of transcatheter aortic valve replacement (TAVR) surgery at Bethesda Heart Hospital coincides with the opening of a new operating room that blends the latest technologies vital to cutting-edge cardiac techniques.

Known as a hybrid operating room, the space will offer physicians the equipment of both a cardiovascular operating room and a cardiac catheterization laboratory. In addition to an imaging system promoting real-time image guidance during procedures, the hybrid OR will include a full complement of surgical tools crucial to performing open, more invasive surgeries.

New combinations of catheter-based cardiac procedures can be performed in the hybrid OR, as well as TAVR, mitral valve clip insertion and other imaging-dependent surgeries. Bethesda Health is among an elite and growing group of institutions building such operating suites in response to increased demand, and a hybrid OR is already in use at Bethesda Hospital East.

“The need for a hybrid OR at Bethesda Heart Hospital is essential for this new wave of transcatheter valve therapy because this is one field where two specialists operate simultaneously,” explains George Daniel, M.D., medical director of Bethesda Heart Hospital’s cardiac catheterization laboratory. “Each operator brings different sets of skills and has different needs. This one room can wear different hats, offering a range of services of less-invasive surgeries to patients.”

The Bethesda Heart Hospital is located at 2815 S. Seacrest Blvd. in Boynton Beach. Call 561-737-7733, ext. 84405; or visit BethesdaHeart.org.
How genetic testing can help you understand your risk for cancer

Each spring, we take time to celebrate, or remember, our parents and their impact on our lives. Do we pause to consider their genetic contributions to our health as well? Bethesda Women’s Health Center, now with locations in Boynton Beach and Wellington, offers a genetic testing program to help patients better understand their inherited cancer risk.

Jessica W. McAfee, MSN, ARNP, FNP-BC, provides genetic counseling and clinical breast exams at Bethesda Women’s Health Center. “An assessment of patients’ genetic and other risk factors can help them, and their physicians, make more informed lifestyle and healthcare decisions relating to the risk of certain cancers, including breast cancer,” she says.

Staff at Bethesda Women’s Health Center help identify high-risk patients, such as those with a strong family or personal history of cancer, at their annual mammogram appointment. Using the myRisk™ Hereditary Cancer program, a panel test using a saliva or blood sample targets specific cancer sites to identify clinically significant mutations impacting inherited risks for eight important cancers: breast, colorectal, ovarian, endometrial, gastric, pancreatic, melanoma and prostate.

“For example, most breast and ovarian cancers occur by chance—only 5 to 10 percent are attributed to an inherited genetic mutation,” explains McAfee. “However, for a woman with an identified inherited gene mutation, her risk increases up to an 87 percent risk for developing breast cancer and up to a 44 percent risk for developing ovarian cancer in her lifetime.”

McAfee meets with her patients to review the genetic testing results and to complete the risk assessment. She can then work with the patient’s physician to find ways to lower the cancer risk, or establish an enhanced screening strategy to find a potential cancer at its earliest stages.

“Surgical and medical interventions can reduce the risk of breast and ovarian cancer by more than 90 percent,” McAfee added. “Supplemental screening tests, such as an annual MRI and regular clinical breast exams, can detect cancer at an earlier stage than routine screening alone.”

Advances in genetic testing give healthcare professionals and their patients more information than ever before. Combined with today’s advanced technology and medicine, prevention and treatment strategies can be tailored to best meet individual needs over a lifetime.

NOW IN TWO LOCATIONS!

Experience the compassion and care for both women and men with comprehensive, state-of-the-art imaging services at Bethesda Women’s Health Center.

› Boynton Beach:
  10301 Hagan Ranch Rd.,
  Suite 920, Entrance A
› Wellington:
  10520 Forest Hill Blvd.,
  Suite 300 (NEW!)

For appointments, call 561-374-5700.
General & Vascular Surgeon Reagan Ross, M.D., is raising the bar in the minimally invasive treatment of aneurysms.

General & Vascular Surgeon Reagan L. Ross, M.D., is an expert in minimally invasive surgical treatment for aneurysms. She is the first surgeon in Palm Beach, Broward and Martin Counties to use the FDA-approved GORE® EXCLUDER® Iliac Branch Endoprothesis (IBE). This new all-in-one stent graft system offers improved outcomes for the treatment of iliac artery aneurysms.

Most commonly occurring in conjunction with abdominal aortic aneurysms (about 25 percent of AAA patients), iliac aneurysmal disease occurs when there is a bulge or weakness in one or more branches of the iliac artery. Located in the pelvis, this can be a life-threatening condition if left untreated, as a ruptured artery can cause uncontrolled internal bleeding. Additionally, iliac aneurysmal disease can be limb-threatening by forming a clot within the aneurysm, which may travel to and block blood flow to the leg.

“The main advantage of this new IBE, the first of its kind in the U.S., is that it maintains pelvic profusion, or blood flow,” explains Dr. Ross. “That is not always achievable with more traditional treatments for iliac aneurysms.”

With previous iliac aneurysm procedures, patients had a significantly higher risk of complications, such as claudication, or painful cramping of the buttock and thigh; and sexual dysfunction. This new IBE also reduces the risk of other serious conditions resulting from restricted pelvic blood flow, such as colon or spine ischemia.

The minimally invasive surgical procedure is performed with the aid of fluoroscopy, requiring only a small puncture wound in the groin. The stent is inserted through a sheath and attached to the artery wall.

“This new procedure allows us to avoid any incisions, enabling patients to go home the next day with no major restrictions or limitations,” adds Dr. Ross.

As with any surgical procedure, IBE may not be the best solution for every patient. For many, though, it is an excellent option for iliac aneurysm repair. It is especially beneficial for the elderly or those with certain health considerations who would be at a greater risk with a more invasive procedure.

“It’s exciting to bring this advanced treatment to Palm Beach County,” says Dr. Ross, who joined Bethesda Health Physician Group in 2015. “It is one more tool we can use to improve care for our patients and help them maintain their quality of life.”

Bethesda Health offers advanced endovascular surgical services at Bethesda Hospital East and Bethesda Hospital West. Visit MyBethesdaHealth.com for more information or call 561-737-7733, ext. 84405.

TO LEARN MORE
The Bethesda Health Physician Group is here for you

The Bethesda Health Physician Group is a premier physician group providing quality care for your family. For more information about any of the physicians listed here, visit BethesdaHealthPhysicianGroup.com, or call toll-free at 855-257-00CS (3627).

CARDIOLOGY

Rachel S. Eidelman, M.D.
- 10301 Hagen Ranch Rd., Suite B5
  Boynton Beach, FL 33437
- 2465 State Rd. 7, Suite 800,
  Wellington, FL 33414
  561-244-7720

Christina Michael, M.D.
- 10301 Hagen Ranch Rd., Suite B5
  Boynton Beach, FL 33437
- 2465 State Rd. 7, Suite 800,
  Wellington, FL 33414
  561-244-7720

CARDIOTHORACIC SURGERY

Juan D. Montoya, M.D.
Bethesda Heart Hospital
2815 South Seacrest Blvd.
Boynton Beach, FL 33435
561-374-5720

COLORECTAL/GENERAL SURGERY

Mariano M. Faresi, M.D.
- 2800 South Seacrest Blvd.,
  Suite 200, Boynton Beach, FL 33435
- 9868 State Rd. 7, Suite 310
  Boynton Beach, FL 33472
  561-736-8200

FAMILY MEDICINE

Michael S. Burke, M.D.
237 George Bush Blvd.
Delray Beach, FL 33444
561-272-5373

Gincy L. Kandankulam, M.D.
2465 State Rd. 7, Suite 800
Wellington, FL 33414
561-784-4930

GENERAL/VASCULAR SURGERY

Jesus G. Jimenez, M.D.
- 2800 South Seacrest Blvd.,
  Suite 200, Boynton Beach, FL 33435
- 9868 State Rd. 7, Suite 310
  Boynton Beach, FL 33472
  561-736-8200

Miguel A. Lopez-Viego, M.D.
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- 9868 State Rd. 7, Suite 310
  Boynton Beach, FL 33472
  561-736-8200

George L. Mueller, M.D.
2800 South Seacrest Blvd.,
Suite 200, Boynton Beach, FL 33435
561-736-8200

Reagan L. Ross, M.D.
- 2800 South Seacrest Blvd.,
  Suite 200, Boynton Beach, FL 33435
- 9868 State Rd. 7, Suite 310
  Boynton Beach, FL 33472
- 2465 State Rd. 7, Suite 800,
  Wellington, FL 33414
  561-736-8200
BREAST SURGERY

Arthy Yoga, M.D.
Breast Surgery
10301 Hagen Ranch Rd., Suite A-940
Boynton Beach, FL 33437
561-736-0070

Fellowship trained in Breast Surgical Oncology, Dr. Yoga brings her expertise and experience to women in Palm Beach County. Certified by The American Board of Surgery in General Surgery, she performs a comprehensive complement of breast surgical procedures, including ultrasound-guided biopsy, stereotactic biopsy, nipple sparing mastectomy, oncoplastic surgery, port placement and Mammosite placement.

After earning her medical degree at the State University of New York Upstate Medical University in Syracuse, Dr. Yoga completed a General Surgery Residency at Staten Island University Hospital. She then completed her Breast Surgical Oncology Fellowship at the University of Miami Miller School of Medicine/Jackson Memorial Hospital.

With a family history of breast cancer, Dr. Yoga has a personal interest in breast health. She advocates for early and frequent screenings and genetic risk assessments. Using plastic surgery techniques learned at Clinique Bizet, a plastic surgery clinic in Paris, France, she takes pride in helping her patients return to normalcy, inside and out, guiding them through the breast cancer survivorship program.

Dr. Yoga maintains active memberships in the American College of Surgeons, Society of Surgical Oncology and the American Society of Breast Surgeons.
Recent events support Bethesda Hospital

**CELEBRATING THE WEST**

Chaired by Marie Bedner, the 4th Annual Jewels & Jeans event held at Bethesda Hospital West was a grand celebration with a western twist! Guests dressed in western-themed attire, complete with their very best jewels, to enjoy an evening of dinner and dancing. With a live auction led by Palm Beach County Sheriff Ric Bradshaw, the event raised more than $70,000 and also funded three EKG simulators for Bethesda Hospital West.

**FROM THE CHAIRMAN**

The Bethesda Hospital Foundation, through the generous philanthropy of our community, is proud to support Bethesda Hospital and quality, not-for-profit healthcare in Palm Beach County. Most recently, our fundraising efforts are focused on the transformative technology at the Bethesda Heart Hospital with the launch of the Structural Heart Program. This innovative program includes the addition of procedures such as transcatheter aortic valve replacement (TAVR), and a new, specialized hybrid operating room suite that is equipped with state-of-the-art imaging technology.

This is an exciting time in healthcare as cardiovascular surgeons and interventional cardiologists are transforming the way they care for patients. New and improved minimally invasive techniques, combined with cutting-edge technology, are helping them achieve even better outcomes. Bethesda’s Structural Heart Program allows our physicians to treat aortic stenosis, mitral valve regurgitation and other vascular diseases in new ways; and the new hybrid operating room also benefits other imaging-dependent procedures and specialties, including vascular surgery and neurosurgery.

As our population continues to age, especially here in Palm Beach County, the prevalence of these and other age-related diseases will continue to rise. I am confident that Bethesda Heart Hospital is poised to respond to the needs of our community with this major new addition and the expansion of these vital services.

Philanthropy is a fundamental part of making these important projects possible. The generosity of people like you has a significant impact on real families in our community. Today, I challenge you to step up and help ensure quality healthcare is available.
Nearly 400 guests celebrated the 62nd Annual Bethesda Ball, one of the oldest galas in Palm Beach County, on Saturday, March 4, at The Breakers Palm Beach. The theme of the Ball was “Bethesda has Heart,” and proceeds from the Ball benefited the Structural Heart Program at the Bethesda Heart Hospital. The event was hosted by Chairmen Dr. George Daniel and his wife, Mariam, and the Department of Cardiology served as the Honorary Chairmen.

Guests wore red and danced the night away on a red dance floor in the Venetian Ballroom that was adorned by a variety of red roses and other flowers.

for your friends, neighbors and your family. Make a pledge, attend a fundraising event or even make an outright monetary gift to help the Bethesda Hospital Foundation reach our goal of raising $5 million for Bethesda’s Structural Heart Program.

To learn more about this project and how you can help, call us today at 561-737-7733, ext. 84445, or visit us at BethesdaHospitalFoundation.org.
The 17th Annual Women of Grace Luncheon was held November 10, 2016, honoring five local women, and for the first time, a college student was honored as a "Future Woman of Grace." Honorees included Nancy Dockerty, nominated by Delray Beach Public Library; Betti Lidsky, nominated by Hope for Vision; Valerie Mathieu, nominated by Caps of Love; Michelle Suskauer, nominated by Legal Aid Society of Palm Beach County; and Diane Wilde, nominated by Dress for Success of Palm Beaches. Jessica Kian, currently a freshman in the Honors Program at University of Florida, was nominated by her guidance counselor at Alexander W. Dreyfoos School of the Arts. The 2016 Honorees were chosen as Women of Grace because of their selfless acts of kindness and charity towards others. They are unsung heroes to many children, adults and organizations in our area. Proceeds from the Luncheon benefit the Bethesda Center for Women and Children at Bethesda Hospital East.

**SAVE THE DATE**
The 18th Annual Women of Grace Luncheon will be held on November 9, 2017.

**BEITHESDA WEEKEND CELEBRATION AT HUNTERS RUN**

Located in Boynton Beach, the Hunters Run community hosted their annual tennis and golf tournaments for their Bethesda Weekend on January 28–29, 2017. The two-day event culminated in a reception dinner with the featured entertainment of a stand-up comedian. In all, more than 100 Hunters Run residents participated in the weekend’s events raising more than $58,000 for Bethesda Hospital! Over the past 16 years, Hunters Run residents, long-time supporters of their local, not-for-profit community hospital, have generously raised more than $3 million for Bethesda. We extend our sincere thanks and appreciation to event Chairs Bill Shulman, Marge Roberts and Dr. Pat Masone, and to the many committee members who helped plan the weekend’s festivities.
LPGA and PGA greats joined with community members to tee off and support Bethesda Health and raise more than $162,000. Co-chaired by LPGA greats Beth Daniel and Meg Mallon, the day’s festivities included a brunch reception, golf tournament and a cocktail reception where players could mingle with the pros. Some of the featured professional players included Morgan Pressel, Michelle Wie, Christina Kim, Stacy Lewis, Jaye Marie Green, Christina Kim, Brittany Lincicome, Austin Ernst and Gary Woodland, just to name a few. Thank you to all the pros, players and sponsors, including Ascent Medical Group, LLC, The Rich Foundation, Eastern Metal Supply, Weekes & Callaway, CBIZ, King-Devick Test and UBS 440 Group Palm Beach.

Event Chairs Beth Daniel and Meg Mallon

From left to right: Braden List, Michelle Wie, Colin List, Sheila List and J.R. List

South Florida’s own Jaye Marie Green

Residents of Quail Ridge Country Club in Boynton Beach hosted their 33rd Annual Bethesda Day on February 16, 2017. This long-standing event, including a golf tournament and dinner, is a day set aside for community residents to come together to support Bethesda Hospital. Proceeds from this year’s Bethesda Day will benefit the Structural Heart Program at Bethesda Heart Hospital. Dinner guests also enjoyed a special presentation by interventional cardiologist, George K. Daniel, M.D., about the importance of the program and the impact of their support.

Thank you to the fundraising committee—Charlie Bowie, Irene Stolfi Burns, Anne Davis, Jack Murray, Marie-Josée St. Jacques, Warren Vodak and Eileen Watson—for hosting another successful event raising more than $108,000 for Bethesda Health! And thank you to all the Quail Ridge residents for your support of this event and Bethesda Hospital.
## COMMUNITY LECTURES

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>TIME</th>
<th>LECTURE</th>
<th>PRESENTER</th>
<th>LOCATION</th>
<th>RSVP</th>
</tr>
</thead>
<tbody>
<tr>
<td>18</td>
<td>Tuesday</td>
<td>2 p.m.</td>
<td>Risk Factors Associated with Breast Cancer</td>
<td>Arthy Yoga, M.D.</td>
<td>Bethesda Hospital West</td>
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<tr>
<td>26</td>
<td>Wednesday</td>
<td>4:30 p.m.</td>
<td>Shoulder Pain: Rotator Cuff Tears and Arthritis</td>
<td>Michael A. Cohn, M.D.</td>
<td>Bethesda Hospital East</td>
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<tr>
<td>2</td>
<td>Tuesday</td>
<td>4 p.m.</td>
<td>Hip &amp; Knee Pain Treatments</td>
<td>Juan F. Agudelo, M.D.</td>
<td>Bethesda Hospital West</td>
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</tr>
<tr>
<td>3</td>
<td>Wednesday</td>
<td>4:30 p.m.</td>
<td>Recent Advancements in the Treatment of Heart Disease</td>
<td>Rodolfo Carrillo, M.D.</td>
<td>Bethesda Hospital East</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Monday</td>
<td>5 p.m.</td>
<td>Surgical Weight Loss: The Next Step to a Healthier You</td>
<td>Miguel A. Lopez-Viego, M.D.</td>
<td>Bethesda Hospital East</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Tuesday</td>
<td>2 p.m.</td>
<td>Heart Healthy Secrets to a Longer Life</td>
<td>Lawrence M. Weinstein, M.D.</td>
<td>Bethesda Hospital West</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Wednesday</td>
<td>2 p.m.</td>
<td>Beyond the Heart: A Cardiologist’s View of Vascular and Venous Disease</td>
<td>Gustavo A. Cardenas, M.D.</td>
<td>Bethesda Hospital West</td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Tuesday</td>
<td>4:30 p.m.</td>
<td>Robotic Knee Replacement</td>
<td>Elvis Grandic, M.D.</td>
<td>Bethesda Hospital East</td>
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<tr>
<td>31</td>
<td>Wednesday</td>
<td>4:30 p.m.</td>
<td>The Importance of Peripheral Vascular Management in Wound Healing</td>
<td>Reagan L. Ross, M.D.</td>
<td>Bethesda Hospital East</td>
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</tr>
<tr>
<td>12</td>
<td>Monday</td>
<td>5 p.m.</td>
<td>Surgical Weight Loss: The Next Step to a Healthier You</td>
<td>Miguel A. Lopez-Viego, M.D.</td>
<td>Bethesda Hospital East</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Tuesday</td>
<td>4:30 p.m.</td>
<td>State of the Art Solutions for Foot and Ankle Pain</td>
<td>Alan A. MacGill, D.P.M.</td>
<td>Bethesda Hospital East</td>
<td></td>
</tr>
</tbody>
</table>

### LOCATIONS

- **Bethesda Hospital East**
  - Clayton Conference Center
  - 2815 S. Seacrest Blvd.
  - Boynton Beach

- **Bethesda Hospital West**
  - Education Classroom
  - 9655 W. Boynton Beach Blvd.
  - Boynton Beach

### NEW WEBSITE

Visit the all-new [MyBethesdaHealth.com](http://www.MyBethesdaHealth.com)! We have recently updated our website to provide better access from your mobile devices. Now, it’s even more convenient to find a physician, register for a lecture or learn the latest news about YOUR community hospital!

### WELLINGTON LECTURE SERIES

We hope you can join us for our new lecture series presented by the primary care physicians of our Bethesda Health Physician Group Wellington office. Seating is limited, so please RSVP to 561-731-CARE (2273) or register online at MyBethesdaHealth.com.

**Tuesday, May 2, 2017**
4:30 p.m.
“Life in Balance—Food Choices for Better Health”
presented by Gincy L. Kandankulam, M.D.

**Tuesday, June 6, 2017**
4:30 p.m.
“Happy Birthday! It’s Time for Another Medical Screening!”
presented by Joseph Jose, M.D.

All lectures take place in the community education room at Bethesda Health Urgent Care, Women’s Health and Imaging Center: 10520 Forest Hill Blvd., Wellington.